



The S.A.L.T. Communicator

Seniors and Law Enforcement Together

Serving & Protecting Senior Citizens

August 2009

Ken J. McNatt Named Outstanding Senior!

Coordinated by S.A.L.T. Chairman Ken McNatt

The City of Wheaton awarded Ken McNatt a Certificate of Declaration as Outstanding Senior Citizen for 2008 for his service to the community and his neighbors. The Mayor and the Community Relations Commission presented the “Good Citizen” awards on May 18, 2009, at the Wheaton City Council meeting.

Ken McNatt, founding chair of the Milton Township S.A.L.T. Council for the past 11 years, has also given his time to the Warrenville Fire Protection District, which serves portions of Wheaton for 32 years and continues today. Ken also served as a Precinct Committeeman in Wheaton for 12 years and as a Milton Township Trustee for 16 years.

Mr. McNatt is a veteran, who served as a Naval Aviation Pilot in the Pacific, belongs to the local VFW and remains active with his former service buddies today. He has given talks at the local Historical Museum and articles have been written about his extraordinary experience during the war.



Left to right: Randy Groh, Sheriff's Office, Ken McNatt, Jim Hatcher, Sheriff's Office

The importance and impact of Ken's service to his community is evident by the positions he held and ongoing success of the S.A.L.T. Council. In addition to his local service and the direct impact it has had through the volunteer roles he has served his nation honorably and continues to share the experience with generations beyond his own.

The number of people Mr. McNatt has represented and directly served in his volunteer roles speaks to outstanding leadership and citizenship. He has quietly and humbly participated for many years devoting hours beyond a number count.

We all congratulate Ken for his selfless service and effort to make the community he resides in a better place for all to live.

Mission Statement

The purpose of Milton Township S.A.L.T. Council is to determine and to meet the needs of Senior Citizens by reducing crime and abuse and by enhancing safety through communication and education in cooperation with the Township, law enforcement agencies, and other community agencies and organizations.

Elder Abuse

Mary Bina, DuPage County, Senior Citizen Services

Elder abuse is happening every day around us. We all need to be concerned, be alert and report any elder abuse that we suspect. There are protections that can be put in place and agencies that can assist these individuals. Abuse happens in many forms and generally by someone close to the victim. Victims are often dependent on the abuser for assistance. They do not report the abuse themselves due to fear.

Financial Abuse is the most common form of elder abuse. To fall in the column of financial exploration you must be at least 60 years of age. One in four seniors are victims of financial exploitation. Financial exploitation is being forced or coerced to give up money or property under strained circumstances.

Emotional Abuse happens in the form of threats or harassment, verbal assaults, intimidation, or humiliation.

Physical Abuse is rough handling, hitting, punching, kicking, hair pulling, or any other action that

physically harms the senior like limiting food, liquids, utility use or medication because the abuser does not want to spend money to appropriately provide these items.

Neglect is the denial of food, medical care, clothing, shelter, or lack of necessary supervision to keep a senior safe.

Sexual Abuse is forced or coerced sexual activity when it is unwanted or the victim is unable to give consent.

Confinement is the restraining or confining of an individual to an area or isolating a senior by limiting access to loved ones or friends.

Do not stand by and allow someone you know to endure this type of treatment and abuse. Take action by reporting the situation.

Contact

DuPage County Human Services

630.407.6500

Illinois Department on Aging

(Toll free/24 hours)

1.866.800.1409

Mosquito Control

Presented by Clarke Wood, Clarke Mosquito Control

Summer time brings our favorite pesky friend the mosquito. Fortunately, Milton Township has a formal program to reduce the risk of disease from and the nuisance of mosquitoes. Mr. Wood spoke about the mosquito control program within Milton Township. The main objective is to reduce the nuisance of mosquitoes; reduce the potential of new breeding grounds, and to protect public health and comfort.

Mosquitoes can transmit West Nile Virus, St. Louis encephalitis, malaria, and yellow fever to humans. West Nile Virus is a mosquito-borne virus that can result in serious illness, and sometimes death. The virus can infect humans, birds, mosquitoes, horses,

and other mammals. People over the age of 50 are at greater risk of being infected. Steps to reduce mosquito breeding:

- Clear your property of any potential breeding sites.
- Mosquitoes lay their eggs in standing water and eggs hatch in one to two days.
- Mosquitoes may lay their eggs in old tires, tin cans, or other water holding containers. The eggs will remain unhatched until they are covered in water. So if there is a heavy rain remember to remove any standing water from property.
- Keep drains, ditches, and culverts clear of weeds and debris so the water will drain properly.
- Cover trash cans so they will not fill up with rain water.
- Change water in bird baths and plant pots weekly.
- Keep grass short and shrubbery well trimmed.

Clarke Mosquito Hotline: 1.800.942.2555



Bruce Word
Special Projects Manager
*PACE Suburban
Bus Service*

Public Transportation PACE

Presented by Bruce Word, PACE Suburban Bus Service

Mr. Bruce Word's goal is to increase the visibility of the PACE Bus System. PACE services can improve the quality of life for senior citizens. Mr. Word provided detailed information through the use of maps and other data on how to make connections throughout the Greater Chicago Area.

Several years ago S.A.L.T. conducted a survey of senior citizen's concerns. One of the primary concerns of our seniors was public transportation so they can access medical care and meet their everyday shopping needs. PACE has attempted to address some of the senior citizen concerns through new routes, accessibility and costs.

PACE covers six counties including suburban Cook, DuPage, Kane, Lake, McHenry and Will counties which takes in 284 municipalities. Ridership has increased 3.4% in 2008 over 2007. All par transit and fixed route buses are fully accessible. The basic adult fare is \$1.75.

People with disabilities ride free by participating in the Illinois Department on Aging Circuit Breaker Program.

- You must be an Illinois resident
- Enrolled in this program
- If you are not enrolled in the Circuit Breaker Program, the State of Illinois provides grants to low income persons with disabilities

PACE Route 711 Wheaton- Addison – Major Destinations

- Marian Park
- Metra Union Pacific/West Line (Wheaton Station)
- Carol Stream Industrial Park
- Stratford Square
- High Point Business Center
- Friendship Plaza



For More Information Contact

Patrick Wilnot
847.228.4295
www.pacebus.com

Photo Radar 24/7---Not 1 Mile!!

Illinois will begin using photo radar in freeway work zones in July. One mile per hour over the speed limit and the machine will get you a nice \$375.00 ticket in the mail. Beginning July 1st, the State of Illinois will begin using the speed cameras in areas designated as "Work Zones" on major freeways.

Anyone caught by these devices will be mailed a \$375.00 ticket for the FIRST offense. The SECOND offense will cost \$1000.00 and comes with a 90-Day suspension. Drivers will also receive demerit points against their license, which allow insurance companies to raise insurance rates.

This is the harshest penalty structure ever set for a governmental unit involving PHOTO speed enforcement. The State already has two camera vans online issuing tickets 24/7 in work zones with speed limits lowered to 45 MPH. Photos of both the driver's face and license plate are taken.

Remember the National Do Not Call Registry gives you a choice about whether to receive telemarketing calls at home. To learn more visit www.donotcall.gov or call 1.888.382.1222



**Lesley Connors &
Susan Levitt**
*Community Nursing
Service*

Medical Services Available at Home

*Presented by Lesley Connors and Susan Levitt,
Community Nursing Service*

Community Nursing Services (CNS) is a Medicare Certified Home Health Agency owned and operated by Central DuPage Health System. A bridge between the hospital and home-based care, CNS Home Health and Hospice Services fills the gap between hospital-based inpatient care and fully independent living. These services may be appropriate for:

- Patients who prefer to recuperate from illness, injury or surgery in the familiar surroundings of their own home.
- Patients who are discharged from the hospital to an assisted living or independent living facility.
- Individuals with chronic or terminal disease, who do not require the acute-level care of the hospital.

We offer a wide array of services to support patients and their caregivers, and to assure a continuum of care from the hospital to the home or other living facility. Care services are customized to each individual's needs.

Our services include (but are not limited to):

- Blood pressure monitoring
- Catheter care
- Care for incisions, wounds and ostomy
- Physical, occupational and speech therapy

- Psychiatric nursing services, as an alternative to hospitalization
- Assistance with medications, including intravenous medications
- Support for cardiac patients
- Assistance with bathing, home-delivered meals and other activities of daily living
- Additional services include: Bereavement Support, Tele Health, Hospice Care, Geriatric Assistant Program and Home Infusion and Pharmacy

Services are administered by health professionals who are committed to delivering support needed by patients and their families or caregivers. All staff are registered, licensed and/or certified. Home Health and Hospice staff includes:

- Nursing professionals: registered nurses, licensed practical nurses, psychiatric nurses
- Licensed clinical social workers
- Therapists specialized in physical, occupational and speech therapy
- Home Aides & Volunteers

Services are available 24 hours a day

Information: 630.665.7000

Referral: 630.665.7006

*Please note a physician's order is required
before evaluation*

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**"The handle on your recliner does
not qualify as an exercise machine."**

At the Crossroads: To Drive or Not to Drive After a Diagnosis of Alzheimer's

The ability to drive is often key to an individual's independence and quality of life. For individuals who have been diagnosed with Alzheimer's, the options may become limited.

Marianjoy's Driver Rehabilitation Program, the largest, most comprehensive program of its kind in the state of Illinois, offers driving evaluations to determine an individual's ability to continue to safely drive. If driving retirement is the recommendation, education and resources are also available for both the individual and family.

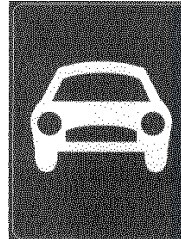
On September 17th at 6:30 pm, Kim Woulfe, a Marianjoy certified drivers specialist, will be



MARIANJOY

Wheaton Franciscan Healthcare

presenting "At the Crossroads: To Drive or Not To Drive After a Diagnosis of Alzheimer's" at Arden Court in Glen Ellyn. The presentation will include information on how the brain affects driving ability; warning signs of driving issues; building family cooperation and communication; options and resources available; information on the Marianjoy driving evaluation.



**For Information or to Register
Contact Patti
630.469.5500**

*Mentioned you saw this article
in the SALT Communicator*

Beware...More Scams Strike Again!

— Many credit repair companies make promises of increasing your FICO score and erase negative items on your credit report, if you pay a fee. Once the company receives the money nothing is done to improve your credit rating. Some of the companies simply vanish after receiving money from unsuspecting contributors. The fees range up to \$2,000. Protect yourself by knowing the realities of the law. No accurate information can be removed from your credit history. So to improve your credit score you must pay down debt. Contact a credit counseling service for assistance.

— Scam artists assure Social Security recipients they will help them receive their \$250.00 check from the government. This check is a part of the Recovery and Reinvestment Act. Scammers ask for banking information and then clear the accounts of the unsuspecting senior. Recipients will not have

to fill out any paperwork to receive the check. The check will be distributed the same way the social security check is, direct deposit or by mail.

— Aurora Police Department is warning against a door to door swine flu test. There have been reports of women representing themselves as nurses going door to door and charging \$3 to test for swine flu. They claim to be representatives of VNA. VNA does not have any representatives going door to door.

— Do not accept calls or emails from area codes 809,284,876 unless you recognize the number. Callers are telling you that some relative of yours is sick or in trouble. If you respond via telephone, it results in you being billed an outrageous cost such as \$25 per minute for the call.



Serving & Protecting Senior Citizens



S.A.L.T. Council Members

Ken J. McNatt, Chairman · Joe Vanest, Vice Chairman · Jodi Hefler, Glen Ellyn Senior Citizen Coordinator/Community Relations · Dianna Taylor, Deputy Town Clerk
Bill Parbs, Director of Communications

DuPage Sheriff's Office

Jim Hatcher, Director of Senior Services · Sgt. Randy Groh, Deputy Sheriff Liaison · Bill Mennell

Richard Veenstra, Asst. State's Attorney · Chief Greg Berk, Wheaton Fire Chief · Sue Davison
Chief Phillip DiMensa, Winfield Fire Dist. · Fire Chief Jerry Kleinwachter, Warrenville Fire Dist.
Debbie McKenzie, Glendale Heights Police Dept. · Tom Staples, Glen Ellyn Police Dept.
Clifford Mortenson, Wheaton Fire Dept. · Shirley Moreen, Wheaton Women's Dpt. Club

Citizen's Committee

Larry Gage · Sister Peg Ivers · Rose Palma · Robin Pecak, Arden Courts Jeanne Pitra · Horace Polglaze · Don Russell · Claude de St. Paer · Charles Schlabach Barbara Smith · Ron Smith ·
Chuck Kramer · Leonard Tuggy

In Cooperation with DuPage Sheriff's Office - John Zaruba, Sheriff

Want to read a past issue of this newsletter?

Visit
www.

miltontownship.net

Want to be a part of the S.A.L.T. Council?

Call
630.668.1616.

- ▶ Ken J. McNatt Named Outstanding Senior
- ▶ Elder Abuse
- ▶ Medical Services Available at Home
- ▶ Public Transportation PACE
- ▶ Driving After a Diagnosis of Alzheimer's

HOT Topics

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